

u3a

Mansfield and District

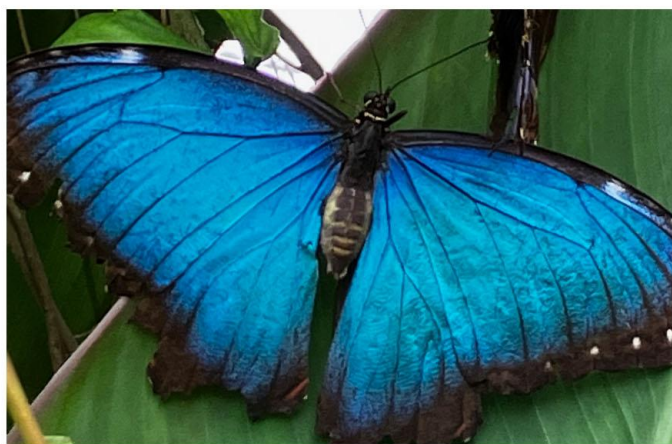
Established 1999

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Learn Laugh Live

August 2026

NEWSLETTER



Photographs by Bill Harrison - Report on trip to Tropical Butterfly Farm inside.



Website : [www.https://mansfield.u3asite.uk/](https://mansfield.u3asite.uk/)

Newsletter : newslettereditor.u3a@gmail.com

Facebook: Mansfield & District u3a

Chair's Chat

One of the things I enjoy as Chair is attending the Nottinghamshire Network meetings. Representatives from u3as across the county come together to share ideas, learn from each other, discuss what's happening in their own u3as and, just as importantly, enjoy a chat over a coffee and a biscuit.



These meetings are a reminder that u3a is built on volunteers, many of whom work quietly behind the scenes without expecting any recognition. This month marked the last Network meeting for our own Publicity Officer, Carole, who has been involved since the Network's early days.



Over the years she has worked to help establish support groups for committee volunteers, including Chairs, Treasurers and others, creating opportunities for people across Nottinghamshire to share ideas and support one another. The Network Chair paid a heartfelt tribute to Carole's contribution before everyone showed their appreciation with a well-deserved round of applause.

The meeting also brought some welcome recognition for Mansfield & District u3a. Our Facebook pages were highlighted as an example of good practice in promoting both our own activities and the wider u3a movement. Thank you to everyone who contributes photographs, stories and updates. They help showcase everything that's happening across our groups, and there's always room for more members to join and to share what they've been up to.

Finally, one last reminder that our Membership Renewal Day is on **Tuesday 11th August**, from **10.00 am to 12.00 noon** at the Civic Centre. It's a week earlier than our usual meeting date, so please don't be the person who turns up on the third Tuesday wondering where everyone has gone!

GARDENING GROUP - MARILYN DIBBLE

The Tropical Butterfly House Trip

Tuesday July 7 2026 - Bill Harrison reports :

Today's outing shows the diversity of our group when we journeyed to the wonderful Tropical Butterfly House and Wildlife Conservation Park, North Aston.

We were honoured to have a personal tour by the Head Gardener Rachel Barrowcliffe (MCIHort). Following Rachel's visit to Mansfield u3a's Gardening Group in September 2025 she gave our members an enthralling and enthusiastic talk, the seeds were sown and thanks to our group leader Marilyn Dibble who made this happen.

Biography:

I have been a professional gardener for over 30 years, I am gardener and adviser to Sir Andrew and Lady Belinda Buchanan at Hodsock Priory and The Tropical Butterfly House Conservation park and Zoo, Sheffield.

I love to share my horticultural knowledge through talks and as a garden consultant.

A family-run South Yorkshire wildlife park has won an industry award for its Butterfly House.

The Tropical Butterfly House Wildlife Conservation Park in North Anston won gold in the British and Irish Association of Zoos and Aquariums' horticulture awards 2024.

The new insect haven, which opened in April 2023, was designed to showcase the relationships between butterflies and their environment.

Head gardener
Rachel
Barrowcliffe said:
"It is so rewarding
to have our work
acknowledged."

With twenty-one
members and the
driver of the
Ravenshead
volunteers coach.
Punctuality was
paramount, and as



the coach pulled into the grounds those who visited by car also arrived on time.

Our first port of call was Lotties tea room for a well earned early morning Tea/Coffee, no better start to the day. Marilyn with her usual excellent organisation skills rounded up her excited follower's, a treat was on the cards.

Our members were enthralled by the tour of the Butterfly House, and the history of how the Tropical Butterfly House Conservation park and Zoo came to fruition. With tropical weather forecast this didn't dampen the spirits as the heat was about to become more intense as we entered the Butterfly House. This was the most exhilarating experience with hundreds of amazing tropical butterflies gracefully flying around us, the colours were spellbinding. We then ventured outside to witness the wonder of some beautiful animals and birds.

Time for lunch and a chat about all things gardening, before the group traveled back to call in at the Dukeries Garden Centre, (this was optional).

The general consensus from our members was a strong recommendation to visit this wonderful place.

We thank our Group Leader Marilyn Dibble for organising today's tour.

IN ADDITION - MARILYN DIBBLE'S REPORT ON THE DAY :

Our annual group trip, this year, was to the Tropical Butterfly House.

We got off to a great start, the sun was shining, but it wasn't too hot yet.

We all met up at Lotties café by the entrance to the park, some of us travelled by minibus and others by car. We enjoyed a coffee while sat outside admiring the scenery over the fields. Birds fluttered around in the lovely plants and shrubs surrounding the tables.

Rachel Barrowcliffe, the head gardener and one of our regular monthly guest speakers, was at the entrance to meet us. We had a guided tour of the Butterfly House first, before it got too hot in there. Going through 2 sets of doors, necessary to keep the butterflies in, we were first met with humid heat and the amazing view of dozens of butterflies darting around. Some of the butterflies even settled on one or two of us and seemed quite content to stay there! Rachel showed us a cage of pupae with tiny chrysalis's and caterpillars waiting to emerge. The butterflies were stunning, the bright blue Morphas were everywhere, zigzagging between us. One of our group was invited to release a large net full of Glasswing butterflies, a few fell onto the floor, Rachel showed us how to pick them up without hurting them.

After a brief breath of fresh air, we ventured into the Bird House, which was even hotter than the Butterfly House! The birds were mostly high above our heads except the most amazing, very large, blue Victorian Crowned Pigeons, (nothing like a common pigeon) who were strutting between our feet.

The park had many areas to explore, the Meerkats were dozing out of the heat of the sun, the Parrots were being stubborn about being moved. There are over 140 species to discover.

Beware of the waterjets positioned around the park, which are triggered by motion sensors, they get squeals from the children and gasps from the adults!

In the outdoor arena there was a flying display from a Kookaburra and 3 parrots, very entertaining.

TAI CHI - JUNE JAMES-BARRETT, GROUP LEADER

The Tai Chi group with trainer Ken after another great Tai Chi session at our new venue on Monday 6th July.

Wonderful exercise to improve and maintain movement, flexibility, strength and balance as we enter our senior years. If you are interested in trying it, contact the group co-ordinators for your free 'taster' session.

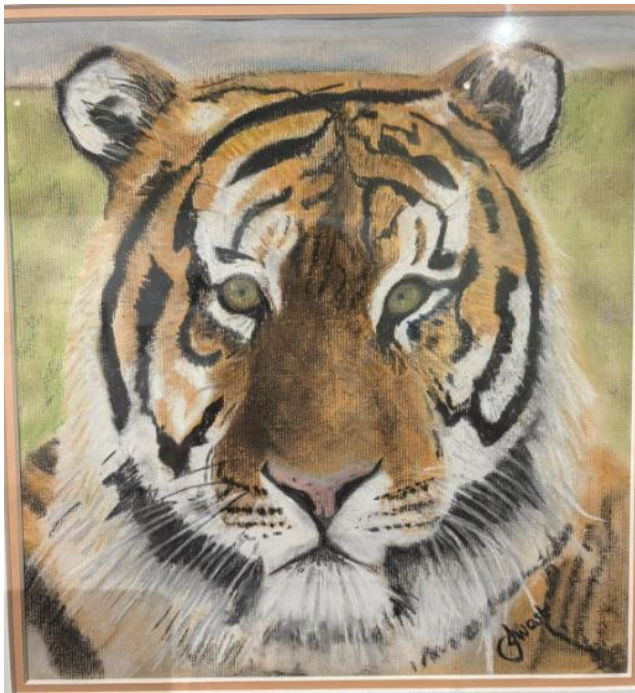


Photograph supplied by June James-Barrett

Congratulations to Val Parrott's daughter, who was recently presented with an MBE from King Charles for her amazing work in animal welfare in Zimbabwe. She divides her time between Mansfield and Zimbabwe.

MANSFIELD MUSEUM - LOCAL ART EXHIBITION - REPORT SENT BY ELAINE HUCKERBY

The attached photos are from the local art exhibition currently at Mansfield Museum. We have three members exhibiting their work - Jill West, Tim Baker and Val Parrott. The seated lady and horse are by Tim. The dancer and cat are by Val. The Tiger and Hedgehog by Jill





Art Exhibition in Mansfield Museum - Photographs supplied by Elaine Huckerby

Solo Dining - Sheila Pegg

Good meals and good company were enjoyed at The Golden Eagle. for the Solo Diners July evening meal.

We also enjoyed a good lunch and good company at The Foxglove for our July Sunday outing.

Solo Dining will resume for our evening meal and Sunday Lunch in September after a break in August.

MANSFIELD u3a MEMBERS MEETING DATES 2026/7

Mansfield Civic Centre, Civic Corner, Chesterfield Road South, Mansfield. NG19 7BH

Commencing at 10:00 am

August 2026- Membership Renewal Day -

Tuesday 11 August

Members' Meetings :

Committee Meetings :

September 2026	Tuesday 15	Friday 11
October 2026	Tuesday 20	Friday 16
November 2026	Tuesday 17	Friday 13
December 2026	No Meeting	No Meeting
January 2027	Tuesday 19	Friday 15
February 2027	Tuesday 16	Friday 12
March 2027	Tuesday 16	Friday 12
April 2027	Tuesday 20	Friday 16
May 2027	Tuesday 18	Friday 14
June 2027	Tuesday 15	Friday 11
July 2027	Tuesday 20	Friday 16

ANTIQUES AND COLLECTABLES - SUE LONGDEN

Report by Mike Allen :

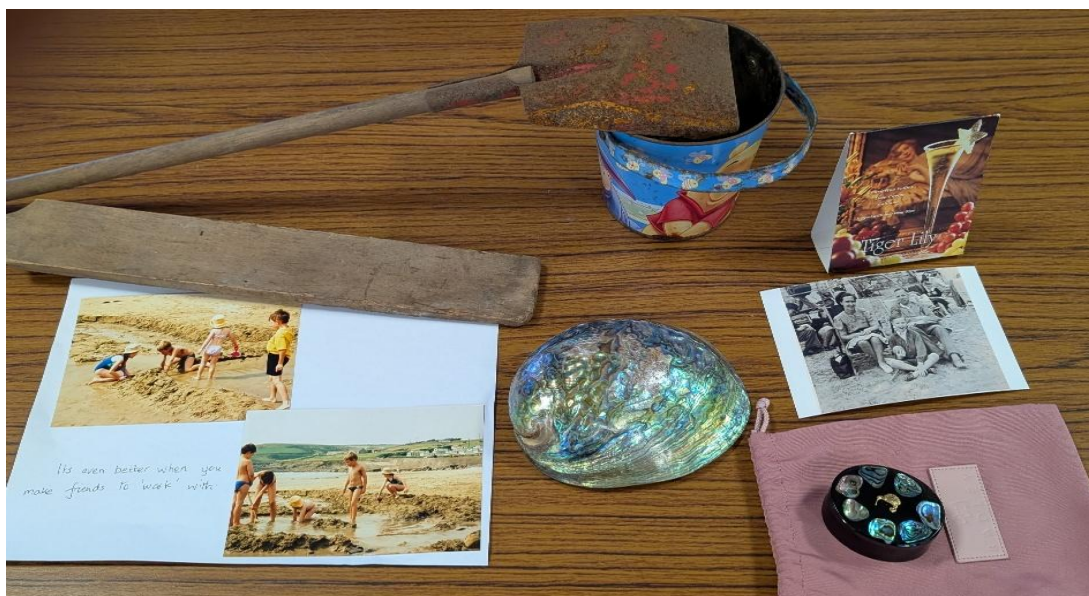
To celebrate the season and the sunshine, the Antiques and Collectables Group chose 'Seaside and Holiday Souvenirs' as the subject matter for the July meeting. Although numbers were slightly down - it IS the holiday season after all - the usual wide range of articles was brought and talked about with enthusiasm and many reminiscences.

Few were of any great value, but all held memories that had lasted, in many cases, from childhood into...well, let's just say a long time! Bucket and spade, photographs of beaches and children paddling, keepsakes from Skegness and all points east, a Masai batik and many more.

It is amazing, our new Group leader, Sue Longden remarked, how different and varied the objects are in all our meetings. To show how true this is, just look at the photograph.

The group takes its annual holiday in August and resumes on September 8th with 'Industrial Items'. If there are any u3a members who would like to join this friendly group and bring along their 'objects d'art', or at least, their collectables (of any age), contact Sue via the Enquiry email on the *Group's website page*. Photograph supplied by Mike Allen

Photograph supplied by Mike Allen



BOARD GAMES - JULIE LAWSON

Julie reports "I'm pleased to say that the Board Game Group is finally off the ground after the initial slow start.

The last meeting on Thursday 16 July was a great success with four new members who enjoyed the selection of games. All of which they'd never played before - ShutThe Box, Triominoes, Brain Maze and Genius Square.

Valerie won the most games and was rewarded with some chocolates.

You are welcome to come along to our next meeting on Thursday 20 August at The Rufford Pub from 2:00 till 4:00.

Bring along your own games or try your luck at a new game with friends.

SILVER SCREEN CINEMA - CAZ HEATH

Caz sends thanks to those who came on 7 July to watch :

"How to Make a Killing (15)"

Synopsis:

Disowned at birth by his obscenely wealthy family, Becket stopped at nothing to reclaim his inheritance.

We did enjoy the film and afterwards gave it 7/10.

It was lovely to have coffee and biscuits and a film all for £2.00 It was very nearly a packed cinema, yet a lot of the time you could hear a pin drop, a very gripping film.

This is a revised Silver Cinema Group and although it has been suspended during the school holidays it will recommence in September.

How it works:

Films will usually be on a Tuesday (occasionally a Monday).

The Silver Cinema programme is released at short notice—usually the week before.

Film details will be posted in our Facebook group, and we'll also have a WhatsApp group for quick updates and to help members arrange to go together.



There's no commitment—members will book and pay for their own tickets, making it easy to come along whenever you wish.

The WhatsApp group will also be a great way for members to organise trips together to other films that aren't part of the Silver Cinema programme.

If you'd like to join the Cinema Group or be added to the WhatsApp group, please get in touch with Caz through the website page, full details on the Group Page.

We look forward to enjoying some great films together!

REVISED POPULAR MUSIC GROUP – TONY HAVERCROFT

A Musical Journey Through the Decades!

June and Sue had a fantastic time at the latest Popular Music Group meeting, enjoying the music of the wonderfully eclectic **Nigel Kennedy** and the ever-stylish **Bryan Ferry**. Great music, great company and plenty of memories shared, an enjoyable afternoon!

Who knows where our musical journey will take us next so come and join us on Wednesday 26 August 1pm to 3pm at the Friends Meeting House

Learning from Each Other - Elaine Huckerby

We welcomed back former Oxford University student, Paige Daniels, to our July meeting where she updated us on findings from her educational research into the u3a movement, and specifically into Mansfield u3a.

Paige approached Mansfield u3a early in 2025 to request that we help with her research as part of her MSc degree at Oxford University. It was a pleasure to assist Paige and work alongside a young local person who genuinely wanted to investigate learning experiences for older adults.

Paige summarised her key findings, reminding us of her research methods that included member surveys and interviews. She looked at factors such as age, educational background, how members came to join the u3a, their early experiences in the organisation, and how they engaged with and benefitted from their chosen activities.

We send our congratulations to Paige who has now graduated with distinction and is hoping to publish her work. She will be sending a summary and a copy of her full research document to us, which should help inform some of our future decisions and planning. Watch this space for more details!



Update!

Graduated with a distinction overall

High-distinction grade on my thesis

Encouraged to publish work



Studies in the Education of Adults

 Taylor & Francis Group
an informa business

CARD CRAFTING - JILL WEST, GROUP LEADER

SHAKER CARDS - LINDA KENNEDY

There was plenty of creativity (and a few sequins!) at our latest Card Crafting Group session as members made beautiful **shaker cards**. Using acetate windows filled with colourful sequins and embellishments, everyone created unique designs that sparkle and move when the card is shaken.

From birthdays and congratulations to celebrations for our four-legged friends, the finished cards were as individual as their makers. It was a fun, relaxed session with lots of ideas shared, plenty of laughter, and some stunning handmade creations to take home.

Well done to everyone for producing such fabulous cards!



Photographs supplied by Linda Kennedy

Social Committee News - Irena Dubowski

Age is not a barrier when you find passion in what you do.

Future Dates :

THE WHITBY TRIP - Saturday 8 August. All spaces now sold.

RUTLAND WATER - Tuesday 8 September, an all-day excursion. All spaces now sold.

CHRISTMAS LUNCH - booked for Tuesday 8 December, 12.00 at Forever Green, Ransom Business Park, Southwell Road, Mansfield. 2 courses £21 and 3 courses £25 with free tea/coffee. The rest of the money is due at the September or October Main Meeting.

SOCIAL COMMITTEE - Is anyone out there willing to join the committee? We meet once a month over coffee and cake to plan activities. Please let me know if you'd like to join us. Irena - 07549 40926

DAY OUT OPPORTUNITY FROM ASHFIELD u3a Monday, 14 September, 2026

Ashfield u3a have a few spaces for a trip to RAF Cosford and David Austin Roses. The coach will leave Ellis Street, Kirkby-in-Ashfield at 8.30am returning back to Kirkby around 5.30pm - the coach fare is £15.

There is no charge to visit the RAF Cosford museum but there is an opportunity to join a guided tour at £9 per person on either the Battle of Britain or Bomber Command which needs to be booked in advance.

If you are interested please contact Sue Taylor by email: taylor07vic@gmail.com or mobile: 07791 425094.

ANNUAL GENERAL MEETING

**Tuesday 15 September 2026
10.00-12.00**

To be held at

**Civic Corner, Civic Centre, Chesterfield Road South, Mansfield,
Notts. NG19 7BH**

2026 ANNUAL GENERAL MEETING

Followed by the Speaker

Graham Keal

Oprah Winfrey Touched My Elbow

**The 2026 Agenda and Minutes from the 2025 AGM will be circulated 28
days prior to the AGM.**

HISTORY GROUP VISIT - TIM WHITWORTH, GROUP



The History group meeting for July saw us abandon the office for our annual visit to a place of historical interest. This year more than twenty of us visited the Royal Armouries at Leeds. Few had been previously and therefore it was quite an eye-opener to see the number of exhibits on display, many priceless, in a museum outside of London.

(Photograph taken from Linda Kennedy's post on FB)

One of the highlights was to see one of the remaining complete sets of elephant armour in the world. Another highlight of the visit was the temporary exhibition of the impact of the Mongol Empire on Europe. We are now planning our excursion for next summer.

**To submit apologies for absence, Agenda Items or for further information please
contact Kathryn Henshaw, Business
Secretary businesssec.mansfieldu3a@gmail.com or 07540891711.**



August 2026

Hello everyone and hope you are well and coping with the heat?

Before I mention the weather, thank you to those of you that came to our NGS open day in early July. It was lovely to see so many people from garden clubs, WI's, flower clubs, and u3Aas that we have spoken to over the years. In total we had 663 visitors, which was amazing and far more than we could have ever wished for. We raised a staggering £7,400 for the NGS charities so on behalf of the Fishes and our neighbours, Nigel & Alice Gray, thank you so much for your support. We are planning to open again in 2027 as part of the NGS Centenary celebrations, so watch this space for the date.

Now the weather! Let's just say I'm glad we opened the garden in early July because much of the garden is now very dry and frizzled. A hosepipe ban came into effect in our area the week after the opening which has made watering difficult, but we are managing to keep the veg garden, greenhouse, containers and anything newly planted watered. The lawns though, like many others are brown and plants are constantly wilting in the borders, so I'm running around in the evening with watering cans to try and hydrate them but it's a never-ending job! Despite the hot, dry weather some plants seem to be fine, including achillea, gaura, Salvia, microphylla, pelargoniums and the herbaceous Allium 'Millennium' which just keeps on flowering, and the bees love it.



My pelargoniums in the sun by the greenhouse and Allium 'Millennium' thriving in the heat.

Jill and I are now in full show season, having been to the Great Yorkshire Show followed by the new RHS Sandringham Flower Show in Norfolk.

Still to come is the Chorley Flower Show, RHS Hyde Hall Garden Show and Southport Flower Show.

We've then got a break to hopefully enjoy the garden before the autumn shows start. Fingers crossed, by then we'll have had some rain and all our gardens will look a little fresher.

Jobs for August

Because the weather is so hot and the ground dry, we are limited to what we can do in the garden, but here's a few things that you can do to keep your garden ticking over. Watering should ideally be done early morning or late evening when it cools down a little. Personally, I prefer to water in the evening to give the plants chance to drink the water in overnight.

It's vital that containers are watered to keep the compost moist and if the pots dry out quickly stand them on a saucer to retain more water through the day.

If you do have pots and containers that dry out quickly, despite being watered, consider moving them into the shade for the hottest part of the day, or drape some garden fleece over them for protection.

If watering in the garden, target young plants that are still establishing and water the soil around the roots thoroughly so that it soaks down to the roots. It's better to water thoroughly twice a week that to give plants a sprinkle over on a daily basis.

If some herbaceous perennials have started to go over or are looking stressed, cut them down by at least half (similar to the Chelsea Chop) and give them a good soaking around their roots. They will then reshoot and flower in late summer.

Keep houseplants watered and if possible, give foliage plants a mist with water a couple of times a week to keep the foliage fresh.

There is still time to sow a little late veg such as beetroot, carrots, dwarf French beans and salads, but you will need to water the soil first and again after sowing the seeds in order for the seeds to germinate. I sowed some peas just a week ago and they are already through. Trained apple and pear trees can be given a summer prune to reduce their long growths by two-thirds. Removing this new growth will divert energy and water to the developing fruits.

Keep tomatoes, peppers, cucumbers and aubergines well-watered and feed weekly with a high potash fertiliser. And finally, keep yourself cool and hydrated.

For a weekly gardening fix you can watch or listen to our "Pots & Trowels" gardening videos and podcasts by visiting www.potsandtrowels.com or on YouTube.

Happy gardening

Martin Fish. www.martinfish.com

GROUP DETAILS

GROUP	LEADER	CONTACT	WHEN	WHERE
Antiques & Collectables	Sue Longden	01623 486903	Second Tues 10-12 noon	St Peter's Centre
Beadwork	Marilyn Jones	07803 244841	Each Wednesday 10-12 noon	Hilcote 10 – 12 noon
Board Games	Julie Lawson	07743 427469	Second Thursday 2-4pm	Rufford Arms
Bowls	David Drew	07960 385537	Recommences Most likely Jan -30 April 2027	Lammas Sports Centre
Bridge	Sheila Pegg	07883 720657	First & Third Mondays	Rushley Inn 6.30-9 pm
Calligraphy	Marilyn Jones	07803 244841	Second & Fourth Wednesday	Hilcote 1 -3 pm
Card Crafting	Jill West	07554 012769	Last Tuesday in month 1 – 3pm	Friends' Meeting House
Cinema Group	Caz Heath	07936 363171	Beginning Sept	Odeon Cinema
Classical Music	Michael Allen	01623 653345 07565 936859	Fourth Monday 2-4pm	Leader's Home
Crafty Chat	Stephen Hall	07940 460250	Third Tues 2-4pm (Term Time only)	Friends' Meeting House
Current Affairs	Graham Headworth	01623 468883	First Friday 10 – 12 noon	Mansfield Bowling Club
Family History	Valerie Wood Ken Gilbert	v.a.l.woody11@gmail.com	Fourth Tues 10-12 noon	Members' houses
Gardening	Marilyn Dibble	01623 634805	First Tuesday 10 – 12 noon	St Peter's Centre
History	Tim Whitworth	07813 734319	Third Wed 10 – 12 noon	Mansfield Bowling Club

International Dining	Christine Smith	07859 249086	Second and Last Wednesday of month 6.30 pm	Various restaurants.
Mansfield Palace Theatre	Julia Hyde	0792 414101	Details of shows will be Advertised on Website & Meeting	Mansfield Palace
Pathfinders Walking	Linda Kennedy	07543 293814	Last Thursday In month 10.30 am	Various locations
Photography	Chris Kennedy	Chair.mansfieldu3a@gmail.com	Third Thursday 10 am	Members' Homes
Popular Music	Tony Havercroft	qwe456ui@gmail.com	Last Wednesday 1– 3pm	Friends' Meeting House
Read a Little Aloud	Sue Howlett	01623 627423	Second Friday 2 – 4 pm	Members' Homes
Reading Group	Peter Dawson	01623 882191	Third Thursday 2 – 4 pm	Group Leader's home Farnsfield
Scrabble	Lynne Payne	07954 463384	Second Monday 2 – 4 pm	Group Leader's home
Shufflers	Sylvia Newlyn & Ian Lakin	01623 655893 07989 668275	Fourth Thursday 12 noon	Various
Soft Tennis	Christine Smith	07859 249086	Weekly on Tues 2 – 3pm	Oak Tree Leisure Centre
Solo Dining	Sheila Pegg	07883 720657	First Thursday Evenings & Third Sunday Lunch Times vary	Various Venues
Table Tennis	Linda Priest	Priest.linda62@gmail.com	Last Monday in Month. 11-12 noon	Oak Tree Lane Leisure Centre

Tai Chi	June James-Barrett & Marie Barrow	07948 501666 01623 628142	Mon 10.30 – 11.30 am	St Philip Neri's Church Hall
Wine Appreciation	Michael Allen	01623 653345 07565 936859	Third Wed 7.30 pm	Members' Homes
Wine Appreciation Group 2	Graham Allin	01623 474662	Fourth Tuesday 7.30 pm	
Writing for Pleasure	Hilary Miller Susan Ford	01623 620067 01623 844286	Second Mon 2 – 4 pm	Friends' Meeting House
Holidays and Outings	Denise Whitsed Liz Wilson	07791 941502 07837 710386	Denise & Liz are members of Sherwood u3a	Both come to our meetings To share details of their trips and holidays.

IMPORTANT NOTICES - First of all, here's hoping everyone is keeping safe and well. If anyone is struggling or needing any help in any way, please don't hesitate to let any of the Committee know. We will do our best to help in any way.

Subscription costs for the next year will be £20 and £16 for Associate Members. Cheques payable to Mansfield & District u3a. Online payments can be made. Contact the Treasurer, Gill Mallinder for bank details.

Events and Visit payments. Members are reminded that deposits and payments for events and visits organized by Mansfield u3a and its groups are non-refundable, but places may be offered to others.

Changes of address etc. Please let Jean Hatton, Membership Secretary know to keep our records up to date.

If you have any health issues that you think may affect your participation in, or enjoyment of, the activities of Mansfield u3a, you might wish to disclose them voluntarily to the Group Leaders of the groups you join, should it be helpful to do so. **Please have your "in case of emergency" card with you at all times.** If you do not have one, please obtain one at the next Members' meeting.

If you are concerned about accessing one of our venues, please talk to our Accessibility contact, Linda Kennedy **07543 293814**

If you have any concerns about another member who seems to be vulnerable, and you think they might be being taken advantage of by someone, you should tell our Safeguarding contact, Irena Dubowski (07549 409262) or one of the Committee.

Should you not wish to be included in any photographs taken whilst members are engaged in any activity, please let the photographer know as otherwise we will assume your consent has been given

Disclaimer - The views expressed here are those of the contributors only and do not necessarily reflect those of the Editor, the Committee of Mansfield & District u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur

Message from the Editor

I would be very interested to know what you would like to see more of in the Newsletter and what you wouldn't mind seeing less of!! Please send me your stories. Please think about the Newsletter when you have something you want to report to our members.

Yvonne at newsletter.editoru3a@gmail.com. Looking forward to hearing from you.

Finally, this leaflet was given to Carole at the Festival in the Park and she thought it might be useful information if you don't already use this App.

YOUR CVS

Making the NHS App Work for You

I am here to help you get connected!
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Call 074637114030 Denise Ellis - Digital Inclusion Coordinator
(Newark & Sherwood, Mansfield & Ashfield)
Email: deniseellis@yourcvsnotts.org